

## World Faith: Buddhism

### Key concept: Enlightenment

### What should we know?

**Enlightenment** means having a fully awake understanding.

Buddhists believe:

- All humans have the potential to be enlightened or awakened spiritually.
- The Buddha achieved enlightenment sitting under a Bodhi tree. He worked out what was wrong with humans – that we all experience suffering.
- Following the teachings of the Buddha found in the Eightfold Path is a way to end suffering.



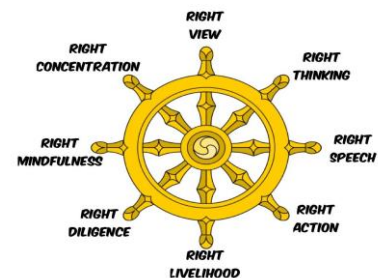
The lotus flower - Even from a murky start, humans can achieve enlightenment.

## What should we be able to do?

*Retell the story of Buddha's enlightenment.*

*Explain how and why a Buddhist uses the image of a lotus to explain beliefs about growing towards enlightenment.*

*Describe different practices of Buddhists in search of enlightenment on the Eightfold Path.*



## What words should we understand and be able to use?

<b>Buddha</b>	The Buddha (also known as Siddhartha Gotama) was a spiritual teacher who lived in Ancient India. He is revered as the founder of the world religion of Buddhism.	<b>Dharma wheel</b>	The Noble Eightfold Path is often represented by means of the dharma wheel.
<b>Enlightenment</b>	Being fully awakened spiritually.	<b>Eightfold path</b>	The path Buddhists follow to end suffering. The last of the four noble truths.