

STOBOROUGH PRIMARY SCHOOL MENU – Autumn TERM 2026

WEEK 1: W/C 31/08/2026, 21/09/2026, 12/10/2026, 2/11/2026, 23/11/2026, 14/12/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Creamy Tomato Pasta Rich creamy tomato, garlic & herb sauce over pasta. Served with carrot batons	Chicken & Sweet Potato Katsu Curry Local butchers diced chicken breast and chopped sweet potato in a mild katsu sauce, served with brown rice, naan bread & cucumber sticks	Sausage Roast Local Butchers sausages, served with roast potatoes, mixed veg and gravy (optional)	Spaghetti Bolognese Local butchers lean minced beef cooked in a rich tomato sauce with garlic, oregano, grated carrot & celery. Served with wholewheat pasta, garlic bread and carrot stick	Chicken Chunks Hand cut pieces of chicken breast lightly battered, skin on fries served with sweetcorn and fresh bread.
DESSERT	Apple & Cinnamon Flapjacks Homemade buttery flapjack served with pureed apple & cinnamon	Fresh Fruit A selection of fresh fruits to choose from Watermelon Honeydew melon Pineapple	Yoghurt & Apples Fresh pureed berries mixed in natural yogurt served with slices of apples	Fresh Fruit A selection of fresh fruits to choose from Watermelon Honeydew melon Pineapple	Jelly & Ice Cream Sugar free strawberry ice cream served with vanilla ice cream

WEEK 2: W/C 07/09/2026, 28/09/2026, 19/10/2026, 9/11/26, 30/11/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Ham & Cheese Pasta Chopped ham and grated cheddar cheese served with wholewheat pasta, crudites & fresh bread.	Homemade Chicken & Vegetable Pie Local butchers chicken breast with frozen veg medley in gravy, topped with buttery pastry and served with new potatoes & green beans	Gammon Roast Butchers sliced gammon served with roast potatoes, peas and gravy (optional)	BBQ Pulled Pork Tacos Local butchers pulled pork marinated in a sweet BBQ sauce, served on a soft taco shell, with brown rice & sweetcorn	Fish Fingers & Skin on Fries Breaded fish fingers served with skin on fries & peas
DESSERT	Dorset Apple Cake Homemade Dorset apple cake served with warm custard	Fresh Fruit A selection of fresh fruits to choose from Watermelon Honeydew melon Pineapple	Yoghurt & Apples Fresh pureed berries mixed in natural yogurt served with slices of apples.	Fresh Fruit A selection of fresh fruits to choose from Watermelon Honeydew melon Pineapple	Chocolate & Date Brownie Homemade brownie with diced dates

WEEK 3: W/C 14/09/2026, 05/10/2026, 16/11/2026, 7/12/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Green Pesto Pasta Homemade pesto made with Spinach, basil, garlic, lemon juice, parmesan and olive oil. Served with pasta, carrot sticks and fresh bread	Sweet & Sour Chicken Stir Fry Locally sourced diced chicken breast with carrot, sugar snaps peas and mixed peppers in a sticky sweet & sour sauce, served with brown rice	Turkey Roast Local Butchers sliced turkey, served with roast potatoes, sliced carrot, peas and gravy (optional)	Beef Stew & Dumplings Local butchers diced beef with carrots, potatoes and peas in a rich beef stock. Served with suet dumplings and wholemeal bread.	Chicken Burger & Skin on fries Seasoned chicken burger in a soft white bun, with lettuce, served with skin on fries, crudites & mayo (optional)
DESSERT	Raspberry & Oat cookies Homemade raspberry & oats cookies	Fresh Fruit A selection of fresh fruits to choose from Watermelon Honeydew melon Pineapple	Yoghurt & Apples Fresh pureed berries mixed in natural yogurt served with slices of apples.	Fresh Fruit A selection of fresh fruits to choose from Watermelon Honeydew melon Pineapple	Banana Cake Homemade banana cake with a cream cheese frosting

STOBOROUGH PRIMARY SCHOOL VEGETARIAN MENU – Autumn TERM 2026

WEEK 1: W/C 31/08/2026, 21/09/2026, 12/10/2026, 2/11/2026, 23/11/2026, 14/12/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Creamy Tomato Pasta Rich creamy tomato, garlic & herb sauce over pasta. Served with carrot batons	Chickpea & Sweet Potato Katsu Curry Chickpeas and chopped sweet potato in a mild katsu sauce, served with brown rice, naan bread and cucumber stick	Sausage Roast Veggie sausages served with roast potatoes, mixed veg and gravy	Spaghetti Bolognese Mediterranean veg cooked in a rich tomato sauce, garlic and oregano. Served with wholewheat pasta, garlic bread and carrot stick	Quorn Nuggets Battered Quorn nuggets, skin on fries served with sweetcorn and fresh bread.
DESSERT	Apple & Cinnamon Flapjacks Homemade buttery flapjack served with pureed apple & cinnamon.	Fresh Fruit A selection of fresh fruits to choose from Watermelon Honeydew melon Pineapple	Yoghurt & Apples Fresh pureed berries mixed in natural yogurt served with slices of apples.	Fresh Fruit A selection of fresh fruits to choose from Watermelon Honeydew melon Pineapple	Jelly & Ice Cream Sugar free strawberry ice cream served with vanilla ice cream

WEEK 2: W/C 07/09/2026, 28/09/2026, 19/10/2026, 9/11/26, 30/11/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Cheesy Pasta Pasta, with grated cheddar cheese. Served with crudites and fresh bread	Homemade Vegetable Pie winter vegetable medley in a vegetarian gravy, topped with buttery pastry and served with new potatoes & green beans	Falafels Sweet potato and chickpea falafels, served with roast potatoes, peas and gravy	Vegetable BBQ Taco's Mediterranean vegetables in a sweet BBQ sauce served on a soft taco shell, with brown rice & sweetcorn	Vegetable Fingers Veggie fingers, served with skin on fries & peas
DESSERT	Dorset Apple Cake Homemade Dorset apple cake served with warm custard	Fresh Fruit A selection of fresh fruits to choose from Watermelon Honeydew melon Pineapple	Yoghurt & Apples Fresh pureed berries mixed in natural yogurt served with slices of apples.	Fresh Fruit A selection of fresh fruits to choose from Watermelon Honeydew melon Pineapple	Chocolate & Date Brownie Homemade brownie with diced dates

WEEK 3: W/C 14/09/2026, 05/10/2026, 16/11/2026, 7/12/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Green Pesto Pasta Homemade pesto made with Spinach, basil, garlic, lemon juice, parmesan and olive oil. Served with pasta, carrot sticks and fresh bread	Sweet & Sour Vegetable Stir Fry Carrot, sugar snaps peas and mixed peppers in a sticky sweet & sour sauce, served with brown rice	Cheese & Onion rolls Homemade Cheese & Onion rolls, with roast potatoes, peas and gravy	Vegetable Stew & Dumplings Carrots, potatoes and peas in a vegetable stock. Served with suet dumplings and wholemeal bread.	Vegetable Burger Veggie burger in a soft white bun with lettuce, served with skin on fries, crudites & mayo (optional)
DESSERT	Raspberry & Oat cookie Homemade raspberry & oats cookies	Fresh Fruit A selection of fresh fruits to choose from Watermelon Honeydew melon Pineapple	Yoghurt & Apples Fresh pureed berries mixed in natural yogurt served with slices of apples.	Fresh Fruit A selection of fresh fruits to choose from Watermelon Honeydew melon Pineapple	Banana Cake Homemade banana cake with a cream cheese frosting

Please contact the school office if you need to discuss any specific dietary requirements. Fresh fruit is available daily as a dessert option. Bread is served daily